



A MINUTE OF HEALTH WITH CDC

Indoor Pools Can Cause a Serious Health Risk

Ocular and Respiratory Illness Associated with an Indoor Swimming Pool - Nebraska, 2006

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This program is presented by the Centers for Disease Control and Prevention. CDC – safer, healthier people.

Swimming is popular in the United States. Poorly maintained indoor swimming pools pose a serious health risk from chloramine chemical exposure.

Chloramines form quickly when water is not properly maintained. They cause a pungent chlorine smell and can reach toxic levels in enclosed spaces that aren't adequately ventilated. Chloramine outbreaks are common.

Swimmers can help by showering thoroughly before entering the pool. Swimmers and pool guests should not remain in a pool area if there's an unusually strong chlorine odor. A strong odor and any pool-associated respiratory difficulties or eye irritation should be reported to pool operators immediately.

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