



## **A MINUTE OF HEALTH WITH CDC**

### *Reducing Youth Crime*

*The Effectiveness of Universal School-Based Programs for the Prevention of Violent and Aggressive Behavior: A Report on Recommendations of the Task Force on Community Preventive Services*

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*This program is presented by the Centers for Disease Control and Prevention. CDC – safer, healthier people.*

Adolescents commit more than a million and a half crimes a year. In fact, during the past 3 decades, youth offenders were responsible for a fourth of all serious violent crimes involving weapons. An effective way of reducing youth crime is through school-based violence prevention programs. Analysis of these programs shows that they have a track record of success at decreasing violence across all grades and socioeconomic levels. In addition, these programs may reduce truancy and drug abuse, while improving achievement. To learn more about school based violence prevention programs, please visit [www.thecommunityguide.org](http://www.thecommunityguide.org).

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