



A MINUTE OF HEALTH WITH CDC

No Smoking: Baby Zone

Smoking Prevalence Among Women of Reproductive Age — United States, 2006

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This program is presented by the Centers for Disease Control and Prevention. CDC — safer, healthier people.

Smoking is harmful for everyone and women in their childbearing years are no exception. A recent CDC study found that almost one fourth of women aged 18 to 44 smoke. In addition to cancer and heart disease, women who smoke have higher rates of infertility and miscarriage than women who don't smoke. Their infants are at increased risk for low birth weight, preterm birth, and sudden infant death syndrome. Children of parents who smoke are also at increased risk for health problems from secondhand smoke and are more likely to become smokers themselves. So stop smoking now, and enjoy a healthy, happy motherhood.

Thank you for joining us on *A Minute of Health with CDC*.

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