



## **A MINUTE OF HEALTH WITH CDC**

### *Malaria: Prevention is the Best Defense*

*Malaria Surveillance—United States, 2005*

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*This program is presented by the Centers for Disease Control and Prevention. CDC – safer, healthier people.*

Malaria is a serious, sometimes deadly disease. And while rare in the United States, cases are reported each year. If you're traveling to a country where malaria is common, you should take steps to prevent infection. The CDC offers the latest information about medicines that prevent malaria, as well as other safety measures to protect your health. CDC publishes *The Yellow Book*, a resource with health information specifically for travelers. You can find it at [www.cdc.gov/travel](http://www.cdc.gov/travel). To find out if your destination puts you at risk for malaria, call 1-800-CDC-INFO or visit the CDC travel web site.

Thank you for joining us on *A Minute of Health with CDC*.

*To access the most accurate and relevant health information that affects you, your family and your community, please visit [www.cdc.gov](http://www.cdc.gov).*