



A MINUTE OF HEALTH WITH CDC

Keep on Smiling

Population Receiving Optimally Fluoridated Public Drinking Water — United States, 1992–2006

Recorded: July 15, 2008; posted: July 17, 2008

This program is presented by the Centers for Disease Control and Prevention. CDC — safer, healthier people.

Thank goodness for the local water department. The inclusion of fluoride in drinking water is considered by CDC to be one of the top 10 public health achievements of the twentieth century. Water fluoridation is largely responsible for the decline in tooth decay in the United States over the past 60 years. Despite its benefits, many communities still don't include fluoride in their water. A recent CDC survey indicated that 30 percent of the U.S. population served by public water systems does not have fluoridated water. Although it's no substitute for regular brushing and checkups, fluoridated drinking water is a big part of the fight against tooth decay.

Thank you for joining us on *A Minute of Health with CDC*.

For the most accurate health information, visit www.cdc.gov or call 1-800-CDC-INFO, 24/7.