



## **A MINUTE OF HEALTH WITH CDC**

### *Safe Drinking Water*

Surveillance for Waterborne Disease and Outbreaks Associated with Drinking Water and Water not Intended for Drinking  
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This program is presented by the Centers for Disease Control and Prevention.  
CDC – safer, healthier people.

Do you ever stop to think about where the water you drink comes from? A recent CDC report showed that nearly three thousand Americans got sick from their drinking water between 2003 and 2004.

Infectious germs are the most common cause of drinking water contamination. The bacteria *Legionella*, which causes a respiratory illness, is the main culprit. Chemicals can also contaminate water. More than half of water-related outbreaks that occur are the result contamination in the home.

Take steps to make sure your drinking water is safe. If you have a private well, have your water tested every year. If you drink bottled water, store it away from chemicals. To find out more visit the CDC webpage.

Thank you for joining us on *A Minute of Health with CDC*.

To access the most accurate and relevant health information that affects you, your family and your community, please visit [www.cdc.gov](http://www.cdc.gov).