



A MINUTE OF HEALTH WITH CDC

Boost Your Immunity

Expanded Age Indication for a Tetanus Toxoid, Reduced Diphtheria Toxoid and Acellular Pertussis Vaccine

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This program is presented by the Centers for Disease Control and Prevention. CDC — safer, healthier people.

Pertussis, commonly known as whooping cough, may sound like a childhood disease but can occur in adults, too. Over time, childhood immunity can decline, putting adults and adolescents at risk for this disease. In addition, pertussis can spread easily from one person to another. In recent years, a vaccine has been approved for those over 11 to help boost immunity to pertussis. Commonly known as Tdap, this vaccine now adds protection from pertussis to the routine tetanus and diphtheria booster shot. Ask your healthcare provider if the Tdap vaccine is right for you.

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