



A MINUTE OF HEALTH WITH CDC

What about Chronic Kidney Disease?

Recorded: February 27, 2007; Posted April 6, 2007

This program is presented by the Centers for Disease Control and Prevention. CDC – safer, healthier people.

Did you know that millions of Americans have chronic kidney disease? Kidneys remove wastes from the body by filtering blood. This disease damages a person's kidneys and eventually leads to kidney failure. When this happens, dialysis or a kidney transplant is likely.

In a recent study, CDC researchers found that chronic kidney disease affects nearly one in five Americans. It's more common in African Americans, Mexican Americans, people over sixty, and people with high blood pressure, heart disease, diabetes, or a family history of kidney disease. Early diagnosis is a key to preventing damage. If you're concerned about kidney disease, talk with your doctor or nurse.

Thank you for joining us on *A Minute of Health with CDC*.

To access the most accurate and relevant health information that affects you, your family and your community, please visit cdc.gov.