



A MINUTE OF HEALTH WITH CDC

Smoking on the Decline

State-Specific Prevalence and Trends in Adult Cigarette Smoking — United States, 1998–2007

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This program is presented by the Centers for Disease Control and Prevention. CDC — safer, healthier people.

A recent CDC study found that, over the past 10 years, smoking has declined significantly in more than half the states in the U.S. Despite the good news, cigarette smoking still causes nearly half a million deaths each year. In America, one in five adults smokes. Cigarette use varies widely, from just over one in ten residents in Utah to nearly three in ten in Kentucky. If you smoke, quit and help yourself achieve a healthier, longer life. Get free "quit smoking" support by calling 1-800-QUIT-NOW from anywhere in the United States.

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