



A MINUTE OF HEALTH WITH CDC
Autism Spectrum Disorders

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This podcast is presented by the Centers for Disease Control and Prevention. CDC – safer, healthier people.

All new parents worry about whether their baby is healthy and developing normally. Parents sometimes notice behaviors that can reveal developmental problems, such as autism spectrum disorders, or ASDs. According to a new report by CDC, about 1 in 150 children are affected by ASDs. Children with ASDs can have problems communicating and interacting with others. Some children with ASDs are severely challenged and others are mildly affected. Autism spectrum disorders can be diagnosed as early as 18 months, and their effects usually last a lifetime.

Scientists haven't yet found a cure for symptoms of ASDs, but there is hope. Research shows that early help can improve a child's chance to reach his or her full potential. CDC has a campaign called "Learn the Signs. Act Early" that helps parents learn about the early signs of autism and other developmental disabilities. Parents can find the campaign at www.cdc.gov.

Be sure to join us next week on A Minute of Health with CDC.

To access the most accurate and relevant health information that affects you, your family and your community, please visit www.cdc.gov.