

# **GENERAL INFORMATION ABOUT WILDFIRES**

*This podcast is presented by the Centers for Disease Control and Prevention. CDC – safer, healthier people.*

This is an important message from the U. S. Department of Health and Human Services. Wildfire smoke can cause health problems for anyone, especially those with heart and lung conditions, older adults, and children. Listen for advice from local authorities. Avoid burning candles, using gas stoves or vacuuming. Do not use dust masks as they will retain harmful particles. If you have asthma or other lung conditions, follow your respiratory management plan. See a doctor if you have a hard time breathing.

*To access the most accurate and relevant health information that affects you, your family and your community, please visit [www.cdc.gov](http://www.cdc.gov).*