

Evidence Based Practice in Washington State

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Chair, House Health Care Committee

Washington has Embraced EBP in Several Different Delivery Systems

- State Purchased Health Care
- Prescription Drugs
- Mental Health
- Chemical Dependency & Mental Health
- Health Technology
- Juvenile Rehabilitation
- State-Wide Health Plans
- Child Welfare

State Purchased Health Care

- House Bill 1299 – Enacted in 2003
- Agencies Providing State Purchased Health Care Will Use Evidence-Based Medicine Principles to:
 - Develop Common Performance Measures
 - Implement Financial Incentives for Providers and Facilities

Prescription Drug Purchasing

- Senate Bill 6088 – Enacted in 2003
- Creates an Evidence-Based Rx Drug Program
- Used by All State Purchased Health Care Programs
- Evidence-Based Practice Center in Oregon Reviews Drug Classes and Selects Most Effective Drug

Mental Health

- House Bill 1290 – Enacted in 2005
- Mental Health Services will include the concepts of Recovery, Resilience, and Evidence-Based Practices
- State contracts with Providers require Evidence-Based Practices
- Major Budget Expansion to Fund Evidence-Based Practices

Chemical Dependency & Mental Health

- Senate Bill 5763 – Enacted in 2005
- Goal is to Improve Treatment Outcomes Through Treatment that is Evidence-Based, Research-Based, and Consensus-Based
- Vendor Rate Increases Tied to Use of EBPs
- Service Expansion for Drug and Alcohol Affected Mothers and Infants using Evidence-based Practices

Health Technology Assessment

- House Bill 2575 – Enacted in 2006
- Conduct Scientific & Medical Literature reviews
- Fund Evidence-based Health Technology Assessments
- Contract with Evidence-Based Practice Center or Other Entity

Department of Health Planning

- 2003 – State-Wide Plan to Prevent and Manage Hepatitis C Using Evidence-Based Practices
- 2005 – State-Wide Plan to Prevent and Manage Asthma Using Evidence-Based Practices

Juvenile Rehabilitation

- Evidence-Based Programs Used to Treat Young Offender and Reduce Recidivism
 - Family Functional Parole
 - Function Family Therapy
- Both Programs Reduce Re-Offense Rates Among Juvenile Offenders

Child Welfare

- House Bill 2985 – Enacted in 2006
- Creates a State Office Health Unit for Foster Children Implementing Evidence-Based Medical and Treatment Services
- House Bill 1483 – Enacted in 2005 –
 - Allows Local Jurisdiction using EBPs to Reinvest Savings

<http://apps.leg.wa.gov/billinfo/>

For Copies of Bills and
Bill Documents
